



LINCOLN GLEN CHURCH

Small Group Questions

Read Matthew 6:25-27. What stands out to you?

Why do you think we often try to cling to control in our lives?

Why are we able to not worry?

Why is it so hard to not worry in life?

Read 1 Peter 5:7 and Matthew 11:28-30. What stands out to you?

Do you take Jesus up on His offer to cast your anxiety and burdens on Him? Why or why not?

What does it look like to cast your anxiety and burdens on Jesus?

What is one way you can spread the hope of Jesus to someone this week?

Let's spend some time praying together.